



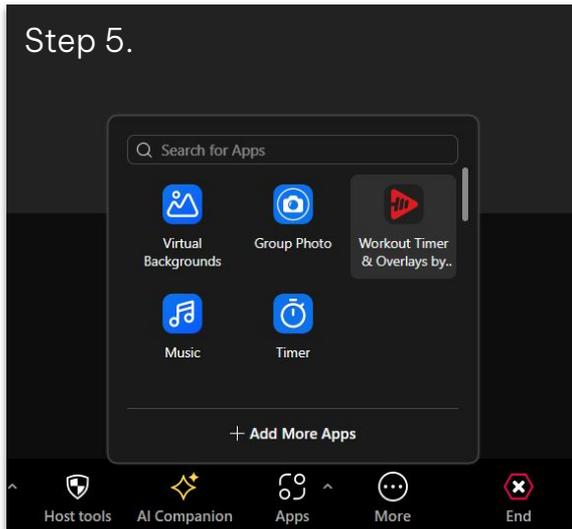
Fit Cut Pro

Zoom app step-by-step guide



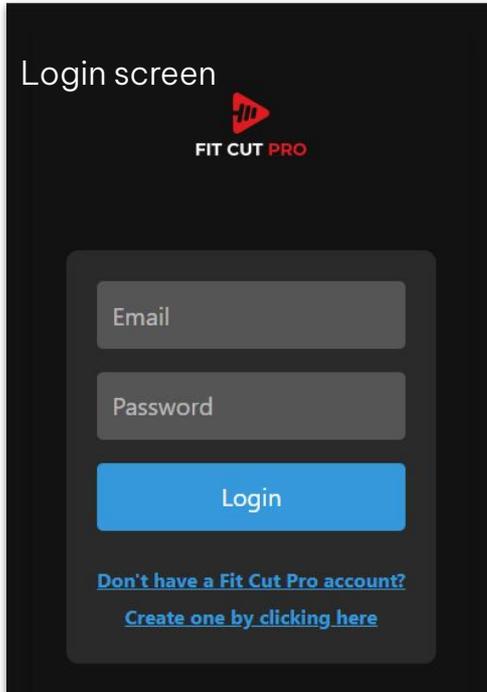
Prepare Zoom & the “Workout Timer & Overlays by Fit Cut Pro” app.

1. Download & install the Zoom application.
2. Sign in with your Zoom account.
3. Install our Zoom app - “Workout Timer & Overlays by Fit Cut Pro” ([available here](#))
4. Open your Zoom meeting
5. On the meeting’s bottom panel click on “Apps” and select our workout timer app.
If you don’t see the “Apps” button, click on the More button



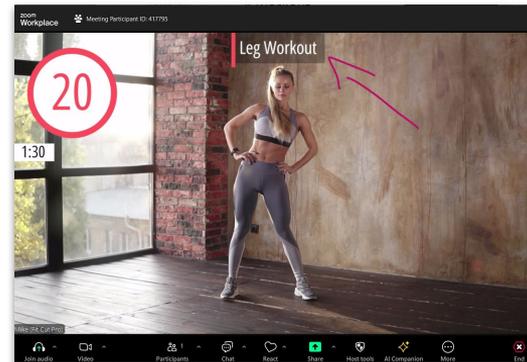
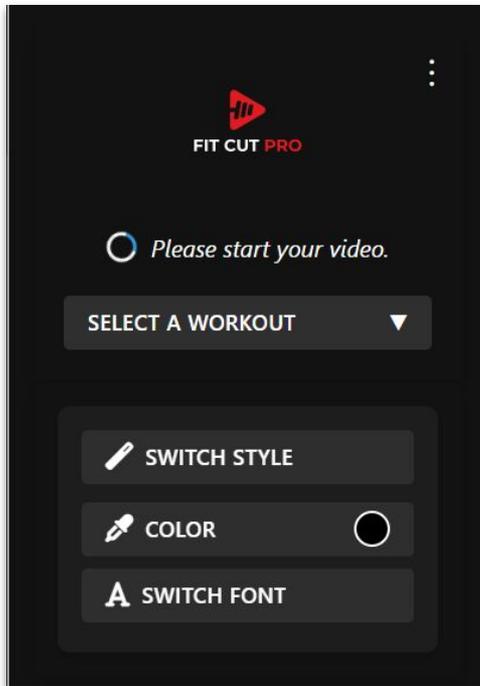
Logging into the app

1. Once the app is loaded, you should see the login screen as illustrated here
2. If you already have a Fit Cut Pro / Fit2.live user, Use it to login.
3. In case you don't have a user, click the blue line below the login button, create a user, and use its details to login here.
4. After logging in, you will see the next screen.



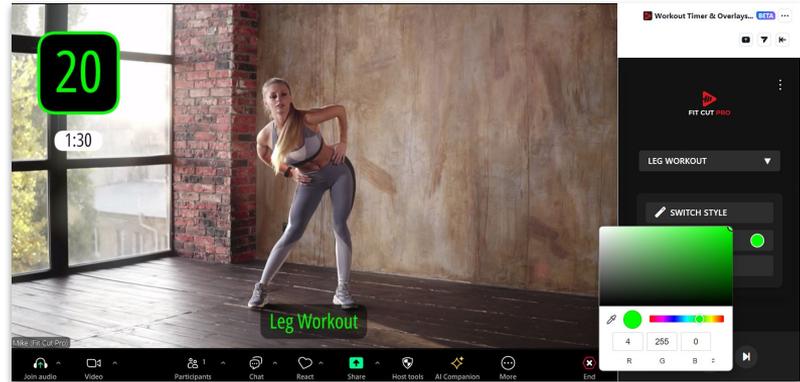
Selecting and designing a workout

1. Now that you see the main screen, make sure to start your video in case it is not on.
2. In case you don't have any workout plans, go to www.fit2.live and create one (under 'workouts')
3. Choose a workout plan from the dropdown list. Once selected, it should display its title.



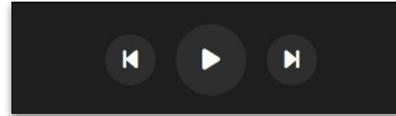
Designing & Styling the workout

1. You can now choose the style of your workout by clicking on "switch style"
2. You can select your theme color by clicking on the "color" button.
3. You can select the most suitable font by clicking on the "switch font" button

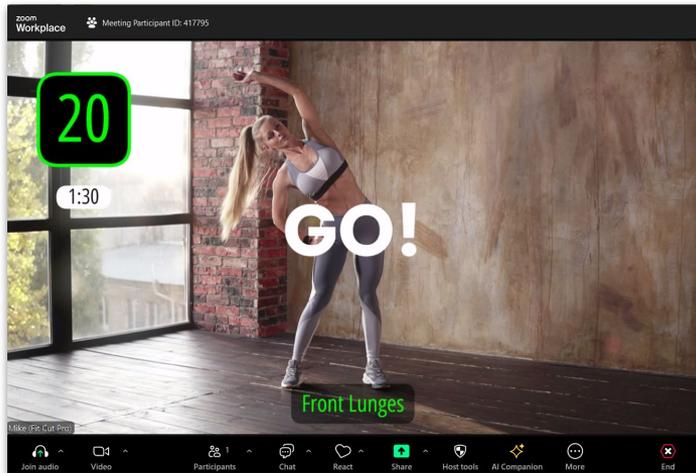


Playing the workout

1. Great! We are now ready to run the workout with our trainees!
2. Once you are ready, click the bottom play button - **AND GO!**

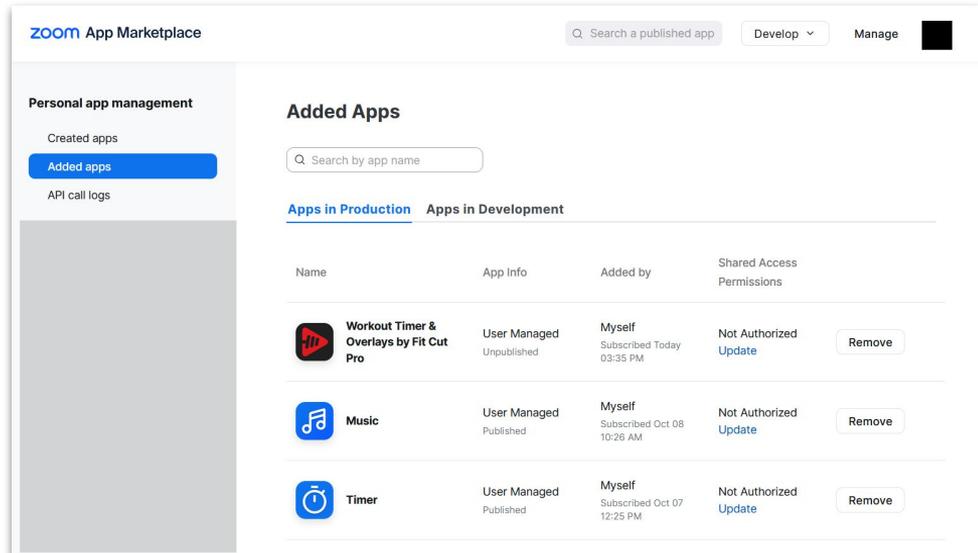


You also have the option to pause the workout at any time or skip to the next/previous set.



Removing the app

1. In order to remove the app, visit <https://marketplace.zoom.us/user/installed>
2. Go to “added apps” and simply click the ‘remove’ button which belongs to the app.



zoom App Marketplace

Search a published app Develop Manage

Personal app management

Created apps

Added apps

API call logs

Added Apps

Search by app name

Apps in Production Apps in Development

Name	App Info	Added by	Shared Access Permissions
 Workout Timer & Overlays by Fit Cut Pro	User Managed Unpublished	Myself Subscribed Today 03:35 PM	Not Authorized Update
 Music	User Managed Published	Myself Subscribed Oct 08 10:26 AM	Not Authorized Update
 Timer	User Managed Published	Myself Subscribed Oct 07 12:25 PM	Not Authorized Update





Have a great workout!

